

These notes are for use together with the Colley Model.

8. Involuntary loss of urine on effort or physical exertion including sporting activities, or on sneezing or coughing

STRESS URINARY INCONTINENCE (SUI)

If the responses have been in the orange coloured boxes, and the patient does not complain of any voiding difficulties (see 10), and on bladder scan there is no significant residual urine (see 6 and 12), then the most likely diagnosis is that of stress urinary incontinence.

References:

D'Ancona CD, Haylen BT, Oelke M, Herschorn S, Abranches-Monteiro L, Arnold EP, Goldman HB, Hamid R, Homma Y, Marcelissen T, Rademakers K, Schizas A, Singla A, Soto I, Tse V, de Wachter S. An International Continence Society (ICS) Report on the Terminology for Adult Male Lower Urinary Tract and Pelvic Floor Symptoms and Dysfunction. *Neurourol Urodyn*. 2019 DOI: 10.1002/nau.23897

Click on the starred boxes for more information about SUI, contributing factors and exploring treatment options.